

# 2019 NPC SUN CITY REGIONAL CHAMPIONSHIPS

National Qualifier - Bodybuilding, Figure, Bikini, Physique & Classic Physique

Sanction#: 3387

## Schedule of Events:

**Registration** - Entry Form checks, NPC cards, complete Height and Weight measurements.

**Date:** Friday, August 9, 2019, 6:00 p.m. to 8:00 p.m.

**Location:** Magoffin Auditorium, UTEP / 500 W University Ave, El Paso, TX 79968

Competitors will register and suits will be inspected. **A Competitors meeting will also be held before the start of registration.**

**Order of Divisions for Prejudging & Finals:** 1) Classic Physique 2) Figure 3) Bodybuilding 4) Physique 5) Bikini

**Prejudging** - **Date:** Saturday - 9:30 am, August 10 2019

**Location:** Magoffin Auditorium, UTEP / 500 W University Ave, El Paso, TX 79968

**Finals** - **Date:** Saturday - 6:00 pm, August 10 2019

**Location:** Magoffin Auditorium, UTEP / 500 W University Ave, El Paso, TX 79968

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## CONTEST DETAILS -

Competition is NPC Sanctioned (#3387). The Sun City Regional is an Official NPC National Qualifier event.

### COMPETITION RULES –

This contest is and will run in accordance with the most recent NPC rules and procedures. **(see NPC rules at <http://npcnewsonline.com/rules/>).** **Novice** Competitors in any Category are eligible only if they have never placed 1st place in a Novice Division or 1st place in an Open class on any NPC Sanctioned event.

**Teen and Master** competitors must provide proof of age and must have reached the age of the categories listed at day of show. All decisions are final. Displays of poor sportsmanship at any time during contest will not be tolerated. This will result in immediate disqualification to competitor(s) and notification to NPC. Alcohol **will not** be allowed/permitted on the premises and Competitor(s) will be **disqualified** if in possession of said item(s).

Competitors will be provided Badges on Saturday morning before Pre-Judging along with the Competitor's number. This will allow them access to the backstage and Auditorium.

### NPC Eligibility -

It is open to all NPC registered competitors that are in good standing and have a current 2019 NPC card. Registration cards are available at registration or on-line for \$125 at: <http://npcnewsonline.com/join-the-npc/>. If competitor has paid for a 2019 NPC card and will not receive it in time for the contest, **Keep copies of payment, on-line card and certified mail receipt** that was sent to the NPC (***This is competitor's responsibility***).

### National Qualifier Eligibility -

The Sun City Regional is an NPC National Qualifier, which qualifies the **top 2 places** for each class in: **Bodybuilding, Men's & Women's Physique, Bikini & Figure, Classic Physique**. First place only for **Teens and Men's & Women's Masters** to qualify.

**Crossovers are allowed in Physique, Classic Physique, Bodybuilding, Figure and Bikini.** Competitors may enter more than one division respective to their Height, Age, Weight and subject to their being qualified.

### Entry Fee –

Sun City Regional- Entry Fee charge for the first category is **\$100.00**. After that, \$60 per category if entering more than one. **(WE WILL NOT ACCEPT PERSONAL CHECKS)**. NO REFUNDS and NO EXCEPTIONS. Please mail entries TO ADDRESS listed on **Page 9** with the exact amount on Money Order or Cashier's Check, made out to: **H&F Productions. Can enter on-line at <http://www.hfprodonline.com/home/entryform.html>** On-line Entry form registration will receive a late fee of \$50 after Wed., Aug 8. **Mailed Entry forms** must be in by Aug. 4, 2019, otherwise a **late fee of \$50** applies. **Note:** There will be no late fees if competitor has registered by mail or on-line before the deadlines **and wants to enter another category**.

### AWARDS -

**Trophies and/or medals top 5 places awarded to all categories.**

**Team Trophy Information** -There will be a team trophy awarded to the Team representative of (business organization/personal trainer's group, gym). Award will be given based on number of participants and placings. **Must register team at Registration on Friday, August 10** with: Name of Team, list of participants' names.

### SPECIAL BACKSTAGE PASS

A **\$75.00** fee will be charged for a Backstage only pass. **Must have NPC card** also, which can be purchased for \$125.00 at Registration (Friday, Aug.10). It is mandated by the NPC so that competitors/backstage attendees will have insurance protection. **Must purchase ticket also for morning event (\$20) and/or evening event (\$30 General Adm./\$40 VIP)**. A **TRAINERS PASS DISCOUNT** will apply for those that bring **3-5 competitors (\$25 off, fee \$50) or >5 competitors (\$50 off, fee \$25)**. There will be limited Backstage Passes due to competitors' safety. Badges will be provided on Saturday morning before Pre-Judging to those whom have paid. Badges must be worn at all times (or will not be allowed backstage). **Badges will not be given/lent to anyone other than the person who purchased it. If the Purchaser gives or lends his/her Badge, this will result in barring both Purchaser and person in violation from the event. No Exceptions!**

# CLASS CATEGORIES & DIVISIONS

## WOMEN'S BIKINI –

**BIKINI TEEN:**  
16-19 years yrs.

**WOMEN'S BIKINI TRUE NOVICE**

**BIKINI MASTERS**

35-39  
40+  
50+

**WOMEN'S BIKINI NOVICE**

Class A: Up to 5'4"  
Class B: over 5'4" – 5'6"  
Class C: over 5-6

**WOMEN'S BIKINI OPEN**

Class A: Up to 5'2"      Class C: Over 5'4"-5'6"  
Class B: Over 5'2"-5'4"      Class D: Over 5'6"

## WOMEN'S FIGURE –

**MASTERS FIGURE**

35-39  
40+  
50+

**WOMEN'S FIGURE NOVICE**

Class A: Up to 5'4"  
Class B: over 5'4"

**WOMEN'S FIGURE OPEN**

Class A: Up to 5'2"      Class C: Over 5'4"-5'6"  
Class B: Over 5'2"-5'4"      Class D: Over 5'6"

## WOMEN'S BB OPEN -

Light Under 125 lbs.  
Heavy Over 125 lbs.

## WOMEN'S PHYSIQUE OPEN -

Class A: Up to & including 5'6"  
Class B: Over 5'6"

## MEN'S BODYBUILDING –

**MEN'S BB TEEN**

16-19 years

**MEN'S BB MASTERS**

35-39  
40+  
50+  
60+

**MEN'S BB NOVICE**

Light < 165 ¼  
Middle >165 ¼ – 187 ¼  
Heavy >187 ¼

**MEN'S BB OPEN**

Bantam up to 143 ¼      Lt Heavy >176 ¼ -198 ¼  
Light >143 ¼ -154 ¼      Heavy >198 ¼ - 225 ¼  
Middle >154 ¼ -176 ¼      SuperHvy >225 ¼

## MEN'S PHYSIQUE –

**MEN'S PHYSIQUE TEEN**

16-19 years

**MEN'S PHYSIQUE MASTERS**

35-39  
40+  
50+

**MEN'S PHYSIQUE NOVICE**

Class A - Up to & including 5'7"  
Class B - Over 5'7" to 5'10"  
Class C – Over 5'10"

**MEN'S PHYSIQUE OPEN**

Class A - 5'6" & under  
Class B - Over 5'6" to 5'8"  
Class C - Over 5'8" to 5'10"  
Class D - Over 5'10"

## MEN'S CLASSIC PHYSIQUE –

**MEN'S CLASSIC PHYSIQUE TEEN - 16-19 years**

**MEN'S CLASSIC MASTERS PHYSIQUE - 35-39, 40+, 50+**

**MEN'S CLASSIC PHYSIQUE NOVICE & OPEN "A" - Up to and including 5'7"**

Up to and including 5'4" (Up to including 160 lbs.)  
Over 5'4", up to and including 5'5" (Up to including 165 lbs.)  
Over 5'5", up to and including 5'6" (Up to including 170 lbs.)  
Over 5'6", up to and including 5'7" (Up to including 175 lbs.)

**MEN'S CLASSIC PHYSIQUE NOVICE & OPEN "B" - Over 5'7", Up to and including 5'10"**

Over 5'7", up to and including 5'8" (Up to including 182 lbs.)  
Over 5'8", up to and including 5'9" (Up to including 190 lbs.)  
Over 5'9", up to and including 5'10" (Up to including 197 lbs.)

**MEN'S CLASSIC PHYSIQUE NOVICE & OPEN "C" - Over 5'10"**

Over 5'10", up to and including 5'11" (Up to including 205 lbs.)  
Over 5'11", up to and including 6'0" (Up to including 212 lbs.)  
Over 6'0", up to and including 6'1" (Up to including 220 lbs.)  
Over 6'1", up to and including 6'2" (Up to including 230 lbs.)  
Over 6'2", up to and including 6'3" (Up to including 237 lbs.)

Over 6'3", up to and including 6'4" (Up to including 245 lbs.)  
Over 6'4", up to and including 6'5" (Up to including 252 lbs.)  
Over 6'5", up to and including 6'6" (Up to including 260 lbs.)  
Over 6'6", up to and including 6'7" (Up to including 267 lbs.)  
Over 6'7" (Up to including 275 lbs.)

**MAX HEIGHT and MAX WEIGHT:**

5'4 160    5'5 165    5'6 170    5'7 175    5'8 182

5'9 190    5'10 197    5'11 205    6'0 212    6'1 220

6'2 230    6'3 237    6'4 245    6'5 252    6'6 260    6'7 267    Over 6'7" 275

# **BODYBUILDING RULES (Men & Women) –**

## **POSING SUITS:**

### **Male**

**Prejudging** and **Finals**, Suits worn by **Male** competitors must be Bodybuilding posing trunks, plain in color with no fringe, wording, sparkle or fluorescents. *Thong suits* **ARE NOT** allowed in any class.

### **Female**

**Prejudging-** Suits worn by **Female** competitors must be two-piece with all suit bottoms V-shaped and must be plain in color with no fringe, wording, sparkle or fluorescents.

**Finals-** Suits worn by female competitors must be two-piece but may include a printed design with fringes, lace, sparkle or fluorescents that are in good taste. Hiking up the Suit during a Front and Rear Lat spread is not permitted. *Thong suits* **ARE NOT** allowed in any class. All suits will be checked at weigh-ins.

## **MUSIC:**

Competitors must have their Music (CD only) at Registration. Must be clearly labeled with **contestant's name** and **specific track**. Competitor's music will be used only for the Finals. ***Vulgar, Racial or sexual connotations will not be tolerated in the lyrics!*** TIME LIMIT: **60 seconds for routine.**

## **BODYBUILDING'S (8) MANDATORY POSES -**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Front Double Biceps | <input type="checkbox"/> Front Lat Spread                              | <input type="checkbox"/> Rear Lat Spread (Both men & women) |
| <input type="checkbox"/> Side Tricep         | <input type="checkbox"/> Side Chest                                    | <input type="checkbox"/> Abdominals with one Thigh          |
| <input type="checkbox"/> Rear Double Biceps  | <input type="checkbox"/> (Men) Most Muscular and (Women) Favorite Pose |   |

Display of the "moon" hamstring pose at any time will result in disqualification.

**Prejudging-** male and female competitors are not permitted to wear decorative hair pieces on stage or any jewelry (wedding band permitted)

**Finals-** female competitors are permitted to wear earrings).

Glasses, props or gum, bumping, shoving and lying on floor are prohibited.

## **SCORING:**

**PREJUDGING** will consist of Rounds 1(quarter turns) & 2 (mandatory/comparison poses). If a weight class is large then call outs will be used.

**FINALS (EVENING PERFORMANCE):** All competitors will be introduced in their respective categories at the evening event and will do a **60 second posing routine** only once. Each category with placements will be announced. Competitors who wish to receive copies of their scores must provide a self-addressed envelope.

### **\*NOTE:**

If entering Classic Physique, competitor must also do a posing routine for that category.

- **NOVICE MEN:** 1st-5th Placings in three weight classes plus Overall.
- **MEN'S OPEN:** 1st-5th Placings in each of the 6 weight classes plus Overall.
- **WOMEN'S OPEN:** 1st-5th Placings in each of the 2 weight classes.
- **TEENAGE:** 1st-5th Placings
- **MEN'S MASTERS OPEN: (35-39, 40+, 50+, 60+):** 1st-5th Placings in each of the classes
  - **First place winners in the MEN'S OPEN BODYBUILDING categories will compete for the Overall title. There will be a pose down. Head Judge will be comparing competitors.**

## **MEN'S CLASSIC PHYSIQUE RULES –**

**NEW! 2019 CLASSIC PHYSIQUE POSING SUITS:** Competitors can NO LONGER wear posing spandex shorts as well as board shorts or Bodybuilding posing trunks. Competitors are required to wear shorts worn in NPC competitions with the same type of cut and **must be black** in color. **The New 2019 Examples can be seen on the NPC website: <https://npcwear.com/product/npc-classic-physique-short/>**

### **MUSIC:**

Competitors must have their Music (CD only) at Registration. Must be clearly labeled with **contestant's name** and **specific track**. Competitor's music **will be used only for the Finals**. ***Vulgar, Racial or sexual connotations will not be tolerated in the lyrics!*** TIME LIMIT: **60 seconds for routine.**

### **SCORING:**

**JUDGING CRITERIA:** The judging will be based on muscularity and body composition. Judges will be looking for competitors who display muscular size, symmetry, balance, and proportion with an emphasis on definition and condition. The ideal physique will display an aesthetic appearance highlighted by a small waist.

### **MANDATORY POSES (5) FOR MEN'S CLASSIC PHYSIQUE -**

- Front Double Biceps
- Back Double Biceps
- Favorite Classic Pose (No Most Muscular)
- Side Chest
- Abdominals and Thighs

**PREJUDGING** will consist of Rounds 1(quarter turns) & 2 (mandatory/comparison poses). If a weight class is large then call outs will be used.

**FINALS (EVENING PERFORMANCE):** All competitors will be introduced in their respective categories at the evening event and will do a **60 second posing routine** only once. Each category with placements will be announced. Competitors who wish to receive copies of their scores must provide a self-addressed envelope.

#### **\*NOTE:**

If entering Bodybuilding, competitor must also do a posing routine for that category.

- **TEENAGE:** (16-19 years old) 1st-5th Placings
- **MEN'S MASTERS OPEN: (35-39, 40+, 50+):** 1st-5th Placings in each of the age classes
- **NOVICE MEN:** 1st-5th Placings in three weight classes plus Overall. Open to those whom have not placed 1<sup>st</sup> in an NPC contest.
- **MEN'S OPEN:** 1st-5th Placings in each of the all weight classes plus Overall. Open to all, regardless of experience or previous placings.

**First place winners in the MEN'S OPEN CLASSIC PHYSIQUE categories will compete for the Overall title. There will be a pose down. Head Judge will be comparing competitors.**

## **WOMEN'S PHYSIQUE RULES –**

**POSING SUITS:** Women's Physique competitors for Prejudging must be a two piece. Suits do not have to be a solid in color. The bottom of the suit must be V-shaped. No thongs are permitted. Competitors can compete in an off the rack suit or a custom suit. All suits must be in good taste.

### **MUSIC:**

Competitors must have their Music (CD only) at Registration. Must be clearly labeled with **contestant's name** and **specific track**. Competitor's music **will be used only for the Finals**. ***Vulgar, Racial or sexual connotations will not be tolerated in the lyrics!*** TIME LIMIT: **60 seconds for routine**.

### **SCORING:**

**JUDGING/SCORING CRITERIA:** Symmetry, shape, proportion, muscle tone, poise and beauty flow physique assessment and comparison will take place during prejudging. Physique should display all of the above criteria without compromising femininity, beauty/ flow of physique, etc. The following are examples of common terms used in the bodybuilding industry. These words can be helpful to assess what should **not** be descriptive to the physiques being judged in WP. **Examples are: Ripped, shredded, peeled, striated, dry, diced, hard, vascular, grainy, massive, thick, dense, etc.** while all types of physiques will be considered when it comes to height, weight, structure, etc. Excessive muscularity will be scored down accordingly. WP should be judged as a standard between Women's Figure and Women's Bodybuilding.

**Mandatory poses:** will be performed with open hand style and include the following poses:

- Front double biceps/ open hands (no flat footed full front pose – some sort of front twisting pose)
- Back double biceps/ open hands
- Side tricep with leg extended
- Side chest with arms extended
- Front ab/ thigh

**PREJUDGING:** quarter turns, mandatory posing comparisons/callouts. **Individual 60 second routine.**

**FINALS (Evening Performance):** Women's Physique competitors will be introduced at the evening event in their two-piece suits. Individual posing routine - Finals routine will consist of a posing routine performed with competitor's music. Placements will be announced after all competitors have completed their routine.

- **WOMEN'S OPEN PHYSIQUE:** 1st-5th Placings in both height classes. There will be no overall title.

# **MEN'S PHYSIQUE RULES –**

## **JUDGING CRITERIA:**

**Muscularity and Body Condition:** Judges will be looking for fit contestants who display proper shape and symmetry combined with muscularity and overall condition. This is not a bodybuilding contest so extreme muscularity will be marked down.

**Stage Presence and Personality:** Contestants will be asked to walk in board shorts (shorts must be just above the knee in length and can be one inch below the belly button, no spandex and **no logos** are permitted on the board shorts however a manufacturer's logo such as Nike symbol or Billabongs are acceptable.) Competitors will enter the stage without a shirt and barefoot. Judges are looking for the contestant with the best stage presence and poise who can successfully convey his personality to the audience. No lewd acts allowed, for example the moon pose.

## **PREJUDGING:**

**Presentation:** Competitors will walk to the center of the stage alone and perform front and back turns with optional pose of hand on hip or hand in pocket, finishing facing the judges as directed then proceed to the side of the stage.

**Comparison Round:** The competitors will be brought back out in a group and directed to do turns. Judges will have the opportunity to compare competitors against each other in turns.

## **FINALS (Evening Performance):**

Men's Physique competitors will be introduced at the evening event in their board shorts. Placements will be announced after all competitors have completed their walk.

- **TEENAGE MEN'S PHYSIQUE:** 1st-5th Placings in 1 height class.
- **MEN'S PHYSIQUE MASTERS (35+,40+,50+):** 1st-5th Placings in 1 height class per age group category.
- **MEN'S TRUE NOVICE PHYSIQUE:** 1<sup>ST</sup>-5<sup>TH</sup> Placings. Open to those whom have never competed.
- **MEN'S NOVICE PHYSIQUE:** 1st-5th Placings in 2 height classes. Open to those whom have not won or placed 1st in an NPC contest.
- **MEN'S OPEN PHYSIQUE:** 1st-5th Placings in all height classes plus Overall. Open to all males, regardless of experience or previous placings.

**First place winners in the MEN'S OPEN PHYSIQUE categories will compete for the Overall title.  
Head Judge will be comparing competitors.**

## **WOMEN'S FIGURE & BIKINI RULES – (Pre-Judging & Finals: 2-Piece Swimsuit Only)**

**POSING SUITS FOR FIGURE & BIKINI:** *Contest posing suits for Prejudging & Finals must be worn at Friday Check-In* and must be approved by the Head Judges and/or other Judge assigned. Thong swimsuits or suits are **NOT** allowed (bring a second suit if not sure). The suit must be V-Shaped. Competitors can compete in an off the rack suit or a custom suit. Bikini suits must be in good taste. Contestants must wear high heels. Jewelry may be worn.

**FIGURE POSES:** The Figure contestants will be called out numerically & walk to center stage and perform model turns, starting by facing judges before moving into their model turns and then proceeding to side of stage. Competitors will be brought out in line for the quarter turns and front & rear poses. (Do not twist - look straight ahead). At this time judges may ask certain contestants to be placed next to other contestants. Quarter turns will then be directed by the judges.

**FIGURE SCORING:** The judges will be scoring the physique by assessing overall muscle tone with shapely lines, overall firmness and a small degree of muscularity with separation, no visible striations and no excessive leanness along with a full general assessment including healthy appearance, face, make-up and skin tone.

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**BIKINI POSES:** Contestants will be called out numerically and as they are called out, their routine will consist of a model walk to the center of stage, stop and do a front stance then do a full turn and provide a back stance (No side views). Another full turn will bring the competitor facing the Judges. They will then be placed in line. After all competitors have been called out, judges may ask certain contestants to be placed next to other contestants. Then the half turns will be directed by the judges.

**BIKINI SCORING:** Bikini competitors will be judged by balance and shape, overall physical appearance including complexion, skin tone, poise and overall presentation. No definition in any muscle groups and minimal muscle mass. Scores are turned in after each round is complete.

### **EVENING PERFORMANCE (Finals):**

All **Figure**, **Bikini** competitors will be introduced at the evening event in their 2-piece swimsuits. Each category will be announced with the placements.

- **TEENAGE WOMEN'S BIKINI:** 1st-5th Placings in 1 height class.
- **WOMEN'S BIKINI & FIGURE MASTERS (40+,50+):** 1st-5th Placings and 1 height class per age group
- **WOMEN'S TRUE NOVICE BIKINI –** 1<sup>st</sup>-5<sup>th</sup> Open to any female who has never competed.
- **WOMEN'S NOVICE BIKINI & FIGURE:** 1<sup>st</sup>-5<sup>th</sup> Placings in 2 height classes. Open to any female who has not won 1<sup>st</sup> place in an NPC contest.
- **WOMEN'S OPEN & FIGURE BIKINI:** 1<sup>st</sup>-5<sup>th</sup> Placings in all height classes plus Overall. Open to any female, regardless of experience or previous placings.

**First place winners in the Figure categories will compete for Overall winner.**

**First place winners in the Bikini Open categories will compete for Overall winner.**

**Head Judge will be comparing competitors.**

# OFFICIAL 2019 NPC SUN CITY REGIONAL ENTRY FORM

(Each competitor must be a member of the NPC)

NPC SANCTION #: 3378

2019 NPC CARD PRE-PD.: (Mail copy of paid 2019 NPC Card to promoters or bring card to registration).

2019 NPC CARD NEW: \$125.00 (Pay at weigh-ins or Pay on-line @: <https://www.npcregistration.com/> Note: If you purchase your card on-line, you will not receive a "hard copy" in the mail or an email copy. If you did not print out your card at the time of your transaction, you will have to go back into the site using your email address and password, click on log in, click on membership card and print out your card. MUST HAVE PROOF if paid by mailing, ex. Copy of NPC Paid Registration Entry & Copy of Check or Copy of Money Order or Copy of Certified Check).

ENTRY FEE: (\$100.00-1<sup>st</sup> Category, \$60 per category after) Do not mail Entry Form after Aug. 3, 2019.

LATE ENTRY FEE: (\$50.00) applies if you *have not mailed* in Entry Form by Aug. 3, 2019

Or if *paying on-line*: <http://www.hfprodonline.com/home/entryform.html> \$50 Late Charge will apply after Wed., Aug. 8.

Registration: Magoffin Auditorium/UTEP (6p.m.-8p.m., Friday, Aug. 9)

Pre-Judging: Magoffin Auditorium/UTEP (Starts at 9:30 a.m., Sat., Aug. 10)

Finals: Magoffin Auditorium/UTEP (Starts at 6:00 p.m., Sat., Aug. 10)

## COMPETITOR #:

(Do not fill in Competitor #) \_\_\_\_\_

## SEX - M / F CATEGORIES:

**WOMEN'S:** (Bikini-Teen) (Bikini-Masters) (Bikini-True Novice) (Bikini-Novice) (Bikini-Open) (Figure-Masters) (Figure-Novice) (Figure-Open) (WPhysique-Open)

**MEN'S:** (MPhysique-Teen) (MPhysique-Masters) (MPhysique-True Novice) (MPhysique-Novice) (MPhysique-Open) (Classic Physique-Teen) (Classic Physique-Masters) (Classic Physique-Novice) (Classic Physique-Open) (BB-Teens) (BB-Masters) (BB-Novice) (BB-Open)

(Please print or type)

Name \_\_\_\_\_ Age \_\_\_\_\_ Approx. contest wt. \_\_\_\_\_ Approx. contest hgt.: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ E-Mail \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_ Gym where you train \_\_\_\_\_

# of NPC contests in which you have competed \_\_\_\_\_ Occupation \_\_\_\_\_

Hobbies or interests: \_\_\_\_\_

In consideration of being allowed to participate in any way in the Sun City Regional Championship("Event") promoted by H & F Productions ("Promoter") and sanctioned by the National Physique Committee of the USA, Inc. ("NPC"), its related events and activities, I, Please print name \_\_\_\_\_, the undersigned, acknowledge, appreciate and agree that: The risk of injury from the activities involved in this Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation, if, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Promoter immediately; and, I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE Promoter and the NPC and each of their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY DISABILITY, DEATH, or loss or damage to person or property associated with my presence at or participation in or in traveling to and from the Event, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law. The undersigned further consents and agrees that the undersigned will comply with all rules and regulations of the Hilton Garden Inn Hotel ("Hotel") including any rules or regulations prohibiting cooking or food preparation in the hotel rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC, New Mexico State NPC Chairman, and the Promoter from and against any damages caused by the undersigned to the Hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC. In further consideration of permission being granted to me to participate in the Event and its related events, I hereby grant the NPC, Promoter and/or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing on digital or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate the NPC, Promoter, and/or any other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that the NPC, the Promoter and/or any NPC-approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC, Promoter and/or any other NPC-approved video or entertainment organization hereunder. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT. I, hereby acknowledge/agree that I have read the H&F Productions competition terms, the NPC rules and regulations and will act in accordance to these guidelines.

X \_\_\_\_\_ Age: \_\_\_\_\_ Date Signed: \_\_\_\_\_  
PARTICIPANTS SIGNATURE

### FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

X \_\_\_\_\_ Age: \_\_\_\_\_ Date Signed: \_\_\_\_\_

Mail Entry Form & Make out Cashier's Check or Money Order to: H&F Productions, 10600 Montwood, Ste. 120, El Paso, TX 79935

# Ticket & Promoter Contact Information

(Check Website [[www.hfprodonline.com](http://www.hfprodonline.com)] & Facebook (NPC Sun City Regional) when tickets will be available.

## Tickets:

UTEP Ticket Office: Ph.: 915.747.5234

E-mail: [utc@utep.edu](mailto:utc@utep.edu)

UTEP Ticket Website: <http://www.utepspecialevents.com/tickets>

**Box Office Hours:** Monday through Friday -- 10:00 AM to 5:00 PM    Saturdays -- 12:00 PM to 5:00 PM

Magoffin Auditorium, UTEP, 151 Glory Rd., El Paso, TX, 79968

Tickets are also available through Ticketmaster - 915.533.9899

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## Promoter Contact Information:

**Website:** [www.hfprodonline.com](http://www.hfprodonline.com) or [www.suncityregionalel Paso.com](http://www.suncityregionalel Paso.com)

**Facebook:** <https://www.facebook.com/HandFProductions>

**Promoter E-Mail:** [hfpspromo@gmail.com](mailto:hfpspromo@gmail.com)

**Promoter Ph.:** (575) 649-6789 / (915) 449-7688

**Mailing Address:**        **H&F Productions,  
10600 Montwood Dr., Ste. 120  
El Paso, TX 79935**